## CUPS FROZEN YOGURT NUTRITIONAL INFO

| Nutritional Facts All nutritional information is based on$1 / 2$ cup ( 83 g ) ( $40 z$ ) serving. Percent Dai |
| :---: |
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Alpine Vanilla 92115 Angel Food Cake Barista Blend Coffee 80001 Cable Car Chocolate 92 Chocolate Classic 92124 Cookies n' Cream 9216 Cotton Candy 80016 Country Vanilla 92123 Creamy Mint Cookie 92137 Eggnog 92118 Fancy French Vanilla 92154 French Toast 80017 $\frac{\text { Georgia Peach } 92125}{\text { Graham Cracker } 80019}$ Graham Cracker 80019
Hawaiian Pineapple 92134 Hawaiian Pineapple

Island Banana 92132 Luscious Lemon 92155 Now Yin Blackberry 92130 New York Cheesecake 92 Outrageous Orange 92 Pecan Praline 9214 | Peppermint Stich |
| :--- |
| Pistachio 92120 | Plain 92157

Rootheer Float 92116
Toasted Marshmallow 80007 Very Raspberry 92129 Very Strawberry 92131

| NONFAT FUNTOWN! ${ }^{\text {TM FROZEN YOGURT }}$ |
| :---: |
| Cereal Magic 80026 |
| Party Punch 80027 |
| ORIGINAL TART'M Frozen yogurt |
| Original Tart ${ }^{\text {TM }} 92162$ |
| Original TartM Pomegranate Raspberry 92172 |
| Original Tart'M Wild Berry 92167 |
| EUROTART ${ }^{\text {TM }}$ NONFAT FROZEN Yogurt |
| EuroTartM 92166 |
| nonfat greek frozen yogurt |
| Greek Black Cherry 92188 |
| Greek Lemon 92187 |
| LOWFAT FROZEN YOGURT |
| Birthday Cake 80014 |
| Cake Batter 92088 |
| Chocolate Caramel Turtle 80015 |
| Chocolate Chip Cookie 80003 |
| Cinnamon Roll 80002 |
| Dulce de Leche (Caramel) 92081 |
| Dutch Chocolate 92064 |
| French Vanilla 92063 |
| Fudge Brownie Batter 80011 |
| Milk Chocolate 92065 |
| Red Velvet Cake 92089 |
| Salted Caramel Corn 80013 |
| Strawberry Shortcake 80021 |
| Sweet Coconut 92074 |
| Toffee 92411 |
| White Vanilla 92087 |
| PREMIUM FROZEN YOGURT |
| Peanut Butter 92072 |
| decadent frozen yogurt |
| Belgian Waffle 80025 |

nonfat no-sugar-added** frozen yogurt Bluebery 92393 Chocolate 92390 Coffee 92398 Cofiee 92394 Praline 92399
Raspberry 92394
Strawberry-Banana 92396
Yellow Cake Batter 80022
LOWFAT \& NONFAT NON-DAIRY SORBET LF Chocolate Fulge 80018 NF Key Lime 92377
NF Kiwi Strawberiy 9237 NF Mango Sunrise 92371 NF Pink Lemonade 80000 NF Pomegranate Raspberry 92430
NF Strawberry Lemonade 92378
NF Very Berry 92368
frozen custard
Vanilla Custard 91010

| 83 | 100 | 5 | 0 | 0 | 0 | 5 | 70 | 22 | 0 | 18 | 0 | 3 | 0 | 0 | 10 | 0 | 15 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |


| 83 | 90 | 0 | 0 | 0 | 0 | 0 | 65 | 20 | 0 | 15 | 0 | 3 | 0 | 0 | 10 | 0 | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |



| ess than 0.5 g of fat per serving |
| :--- |
| 83 |
| 80 | $\mathbf{0}$| 0 |
| :--- | loss than 0.5 g of fat per serving


| 83 | 100 | 0 | 0 | 0 | 0 | 0 | 75 | 19 | 0 | 14 | 0 | 7 | 0 | 2 | 15 | 0 | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 83 | 90 | 0 | 0 | 0 | 0 | 0 | 80 | 16 | 0 | 11 | 0 | 7 | 0 | 0 | 15 | 0 | 0 |
| M |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | g of fat or less per serving


| 83 | 100 | 5 | 0.5 | 0 | 0 | 10 | 75 | 20 | 0 | 16 | 0 | 4 | 0 | 0 | 15 | 0 | 0 | $M, E$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | | 83 | 120 | 20 | 2 | 1 | 0 | 25 | 70 | 21 | 0 | 17 | 0 | 3 | 0 | 0 | 10 | 0 | 0 | $M, E$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 83 | 130 | 15 | 2 | 1 | 0 | 10 | 105 | 25 | 0 | 19 | 0 | 3 | 0 | 0 | 10 | 0 | 0 | $M$ |
| 03 | 120 | 15 | 2 | 1 | 0 | 5 | 20 | 24 | 0 | 19 | 0 | 3 | 0 | 0 | 10 | 0 | 0 | $M E S W$ | | 83 | 120 | 15 | 2 | 1 | 0 | 5 | 80 | 24 | 0 | 19 | 0 | 3 | 0 | 0 | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 83 | 120 | 20 | 2 | 1.5 | 0 | 20 | 80 | 22 | 0 | 17 | 0 | 3 | 0 | 0 | 10 |
|  | 0 | 0 | $M, E, S, W$ |  |  |  |  |  |  |  |  |  |  |  |  | | 83 | 120 | 20 | 2 | 1.5 | 0 | 20 | 70 | 23 | 0 | 18 | 0 | 3 | 2 | 0 | 10 | 0 | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 83 | 120 | 25 | 2.5 | 1.5 | 0 | 10 | 70 | 20 | 1 | 15 | 0 | 4 | 2 | 0 | 10 | 6 | 0 | | 83 | 110 | 25 | 2.5 | 1.5 | 0 | 25 | 70 | 19 | 0 | 15 | 0 | 4 | 0 | 0 | 10 | 0 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | $\mathbf{0}$ | 83 | 130 | 15 | 2 | 1 | 0 | 10 | 80 | 25 | 0 | 18 | 0 | 3 | 0 | 0 | 10 | 2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | $\mathbf{0}$ | 83 | 120 | 20 | 2 | 1 | 0 | 20 | 85 | 23 | 0 | 19 | 0 | 3 | 0 | 0 | 10 | 0 | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $\mathbf{M}, \mathbf{E}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 83 | 110 | 15 | 2 | 1 | 0 | 20 | 70 | 21 | 0 | 17 | 0 | 3 | 0 | 0 | 10 | 0 | 0 | | 83 | 110 | 5 | 0.5 | 0.5 | 0 | 0 | 70 | 22 | 0 | 18 | 0 | 2 | 0 | 0 | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 83 | 110 | 5 | 0.5 | 0 | 0 | 5 | 80 | 22 | 0 | 18 | 0 | 3 | 0 | 0 | 10 |
| $8, ~$ | 0 | 0 | $M, \mathbf{S}, \mathbf{C}^{*}$ |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{array}{lllllllllllllllllll}83 & 110 & 25 & 3 & 1.5 & 0 & 25 & 70 & 19 & 0 & 15 & 0 & 4 & 0 & 0 & 10 & 0 & 0 & M, E\end{array}$ greater than 3 g of fat per serving


| 83 | 120 | 35 | 4 | 1.5 | 0 | 5 | 90 | 19 | 1 | 14 | 0 | 4 | 2 | 0 | 10 | 0 | 0 | $M, P$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |



| 83 | 80 | 0 | 0 | 0 | 0 | 0 | 80 | 17 | 0 | 6 | 4 | 3 | 0 | 0 | 10 | 0 | 0 | $\mathbf{M}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | | 83 | 80 | 0 | 0 | 0 | 0 | 5 | 80 | 18 | 0 | 6 | 4 | 0 | 0 | 0 | 15 | 0 | 0 | $\mathbf{M}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 83 | 90 | 5 | 0 | 0 | 0 | 5 | 95 | 20 | 0 | 7 | 5 | 4 | 0 | 0 | 15 | 4 | 0 | $\mathbf{M}$ |
| 83 | 80 | 0 | 0 | 0 | 0 | 5 | 85 | 19 | 0 | 6 | 0 | 3 | 0 | 0 | 10 | 0 | 0 | $M$ |

 | 83 | 80 | 5 | 0 | 0 | 0 | 5 | 85 | 19 | 0 | 6 | 5 | 3 | 0 | 0 | 15 | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

Milk (M) ALLERGEN INFORMATION
PRODUCT ALLERGEN INFORMATION:
Milk (M), Egg (E), Peanut (P), Soy (S), Wheat (W), Coconut (C),
Almond (A), Walnut (WN)

$\left.\begin{array}{|l|l|l|l|l|l|l|l|l|l|l|l|l|l|}\hline 83 & 100 & 5 & 0.5 & 0 & 0 & 0 & 0 & 30 & 25 & 4 & 14 & 0 & 1\end{array}\right) \mathbf{0} |$| 0 |
| :--- |


| 83 | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 22 | 0 | 16 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | - |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 83 | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | 0 | 17 | 0 | 0 | 0 | 4 | 0 | 0 | 0 | - |
| 83 | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 16 | 0 | 0 | 0 | 2 | 0 | 0 | 0 |  |


| 83 | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 16 | 0 | 0 | 0 | 2 | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 83 | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 15 | 0 | 0 | 0 | 0 | 0 |
|  | 0 | 0 | - |  |  |  |  |  |  |  |  |  |  |  |  |
| 8 | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 15 | 0 | 0 | 0 | 4 | 0 |





PRODUCTS CONTAINING ALLERGENS:

| Item \# | Description | Allergen |
| :---: | :---: | :---: |
| 92136 | Angel Food Cake | M, E |
| 80024 | Belgian Waffle | M, E |
| 80014 | Birthday Cake | M, E |
| 92088 | Cake Batter | M, E |
| 80003 | Chocolate Chip Cookie | M,E,S,W |
| 80002 | Cinnamon Roll | M, E |
| 92163 | Cookies n' Cream* | M,E,S, W* |
| 92137 | Creamy Mint Cookie* | M,E,S, W* |
| 92081 | Dulce de Leche | M, E |
| 92118 | Eggnog | M, E |
| 92154 | Fancy French Vanilla | M, E |
| 80017 | French Toast | M, E |
| 92063 | French Vanilla | M, E |
| 80011 | Fudge Brownie Batter | M, E |
| 92145 | Irish Mint | M, E |
| 92142 | Maple Bacon Donut | M,W |
| 92147 | New York Cheesecake | M, E |
| 92072 | Peanut Butter | M, P |
| 92146 | Pecan Praline* | m,WN* |
| 92089 | Red Velvet Cake | M, E |
| 80013 | Salted Caramel Corn | M, E |
| 80021 | Strawberry Shortcake | M, E |
| 92074 | Sweet Coconut* | M,S,C* |
| 80007 | Toasted Marshmallow | M, E |
| 92411 | Toffee* | M, S,A, WN* |
| 91010 | Vanilla Custard | M, E |
| 80009 | White Chocolate Mousse | M, E |
| 92087 | White Vanilla | M, E |
| 80022 | Yellow Cake Batter* | M, E* |
| Misc | All other diary-containing frozen yogurts | M |

WHAT'S SO GREAT ABOUT LIVE \& ACTIVE CULTURES
Active yogurt cultures are ving organisms that help

## ALLERGEN NOTES:

ALLERGEN KEY: Milk (M), Egg (E), Peanut (P), Soy (S), Wheat (W), Coconut (C), be present in the distribution chain. Manufactured in a facility that processes peanuts, coconuts, eggs, soy, milk and wheat.

1 Pecan Praline packaged in cartons displaying dates before ©2012-2
contains milk and walnuts. Cartons displaying ©2012-2 or more recent copyright dates contain milk only

2 Sweet Coconut packaged in cartons displaying dates before ©2013-2 copyright dates contain milk and coconut only.

3 Toffee packaged in cartons displaying dates before ©2006 contains milk, soy, almond and walnut. Cartons displaying dates after ©2006 and before

TOPPINGS: (calories for $1 / 2$ oz portion)

Almonds (82)
Banana (13)
Blackberries (6)
Blueberries (8)
Brownie Bites (63)
Butterfinger Pieces (65)
Candy Coated Chocolate (70)
Candy Coated Peanuts (74)
Cantaloupe (5)
Caramel Turtles (71)
Carob Chips (40)
Cheesecake Bites (46)
Chocolate Chips (69)
Chocolate Clodhoppers (70)
Chocolate Raisins (55)
Chopped Peanuts (80)
Coconut (73)
Cookie Dough Pieces (68)
Crushed Heath Bars (76)
Hershey's Kisses (68) Honey Dew Melon (5) Jelly Beans (53)

Kiwi (9)
Mochi (37)
Oranges (7)
Oreo Cookies (67)
Papaya (6)
Pineapple (7)
Rainbow Nonpareils (66)
ry Truffle Cup (79)
Raspberries (8) Reese's Peanut Butter Cups (70) Reese's Pieces (74)
Snickers (75)
Sour Gummy Worms (39) Strawberries (5) Tropical Gummy Bears (50) Vanilla Clodhoppers (67) Walnuts (92) Watermelon (4) White Chocolate Chips (78) Yogurt Chips (75) Yogurt Raisins (65)

Due to the nature of constant changes in flavor options, you may or may not see the exact flavors in this brochure. If you choose the "swirl" option of mixing two flavors, this could change the calorie count. Our toppings and seasonal fruit the frozen are specialty items that may only be on our bar for a limited time and map not be published in this brochure. Calories for the toppings listed above are based on
frozen yogurt - that's hot

